

Priority Selection

Each Athlete Representative, with support from their Mentor and Team Leader, is expected to select and complete one of five priorities during a calendar year.

Priority selection should be made based on the current needs of the local team, with additional feedback from other athletes, volunteers and SOPA staff where needed. In addition to selecting a priority, each local team is expected to identify a SMART (Specific, Measurable, Attainable, Realistic and Timely) goal.

This handout is to provide each Athlete Representative, Mentor and Team Leader with the current priorities Special Olympics Pennsylvania is asking them to select from and provide examples of SMART goals. The back of this handout should be used to select your priority and set your SMART goal.

Current Priorities/SMART Goal Examples:

Start an Athlete Leadership Team (ALT)

 SMART Goal Example: We will have at least 10 athletes on the Athlete Leadership Team by visiting training sites and encouraging all athletes age 16+ to apply.

Identify Athlete Leaders

 SMART Goal Example: We will aim to have at least 2 additional Athlete Representatives, 3 Global Messengers and 1 new Health and Fitness Coordinator trained and activated. This will be done by visiting training sites and encouraging all athletes ages 16+ to apply.

• Recruit Athletes/Volunteers

 SMART Goal Example: We will aim to recruit at least 20 new volunteers through social events, flyers on community boards and scheduling meetings with local schools and businesses.

• Plan and/or Promote Fundraisers

 SMART Goal Example: We will put together a team of athletes for our region's Polar Plunge by recruiting at least 15 athletes and raising at least \$5,000. We will do this by attending social events, posting flyers on community boards and scheduling meetings with local schools and businesses.

Recognize Athletes/Volunteers

SMART Goal Example: We will identify at least 3 opportunities in which our team can recognize athletes and volunteers for their accomplishments and contributions on a seasonal basis.

Priority Selection/Setting SMART Goal:

Which Priority are you planning on completing in the next calendar year?
□ Start an Athlete Leadership Team (ALT)
□ Identify Athlete Leaders
□ Recruit Athletes/Volunteers
□ Plan and/or Promote Fundraisers
□ Recognize Athletes/Volunteers
What is your SMART goal?
□ S-Specific
□ M-Measurable
□ A-Attainable
□ R-Realistic
□ T-Timely

What information do you need from your Team Leader, Regional Executive Director and/or Special Olympics Pennsylvania to be able to be successful?