



**FOR IMMEDIATE RELEASE**

9/15/21

## **Special Olympics Pennsylvania to Host Pittsburgh's 5th UNcathlon**

*Event Models a Decathlon & Adds Fundraising as an 11th Event*

- What:** Special Olympics PA's 5th Annual UNcathlon
- Who:** The UNcathlon involves 16 co-ed teams of five participants plus a Special Olympics athlete.
- When:** Sunday, September 19, 2021  
10:30 a.m. to 2 p.m.
- Where:** Peters Township High School  
121 Rolling Hills Drive McMurray PA

**Pittsburgh, PA (September 15, 2021)** – Special Olympics Pennsylvania (SOPA) will host the fifth annual Pittsburgh UNcathlon on Sunday, September 19, 2021 at Peters Township High School in McMurray, PA from 10:30 a.m. to 2 p.m. The UNcathlon will offer 11 events, one more than the traditional 10 found in a decathlon, and feature physical challenges with fundraising accounting for the 11th event. The UNcathlon will bring persons with and without intellectual disabilities together to engage in Unified Sports with proceeds benefiting nearly 16,000 SOPA athletes.

The UNcathlon will involve several co-ed groups of six participants that include a Special Olympics athlete per team. Each Unified Sports® team will take part in 10 physical trials that test speed, strength and endurance. Challenge events will include rowing (two minutes timed), medicine ball burpees (two minutes timed), a two lap relay, one lap run, basketball free-throws (two minute timed), 20 yard shuttle, shot put, mini javelin, standing broad jump, and a mystery event. The 11th event will be the fundraising component that participants complete prior to engaging in the sporting events.

There are 16 teams registered to compete, including teams representing: ROG Gold Standard, Baird, PTHS Strength (Peters Township HS), PTHS Speed (Peters Township HS), SOPA Superstars sponsored by Dollar Bank, BABC, Mascaro, Boord, Benchek & Associates, CFML, PTDT Team Anna, PTDT Team Grace, Pittsburgh Bureau of Fire, Aerotek, NVR Pittsburgh, McMurray Rotary Club and TC Open Tribe. Team registrations are full and are no longer being accepted; but if people wish to support the event, they can still register for the second annual [Virtual UNcathlon](#) for SOPA athletes while completing the 30 day plank challenge.

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**About Special Olympics Pennsylvania**



Special Olympics Pennsylvania (SOPA) provides year-round training and competition in 21 Olympic-type sports to nearly 20,000 children and adults with intellectual disabilities or closely related developmental disabilities. For more information about how to be a fan, visit our website at [www.specialolympicspa.org](http://www.specialolympicspa.org).

### **About Unified Sports®**

Special Olympics Unified Sports® creates an opportunity for people without intellectual disabilities to join in the sports experience by playing on a team with athletes with intellectual disabilities. Not only do the players all have fun, but attitude change and transformation happens on the playing field and the experiences create lifelong friendships. Unified Sports® combines approximately equal numbers of Special Olympics Athletes and athletes without intellectual disabilities (called Partners) on sports teams for training and competition.

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